



# NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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## Meridian-Organ Correspondence PERICARDIUM

Organ / Meridian	Primary Correspondence	Secondary Correspondence
<a href="#">Pericardium</a> / (Yin)	Beardall: <a href="#">Absolute Yin</a>	Paired Meridian: Triple Warmer ( <a href="#">Lesser Yang</a> )
Associated Glands	Hypothalamus, Pituitary, Pineal	Thymus (Chakra) Ovaries, Testes
Associated Body Parts	Circulatory System, Autonomic Nervous System	Brain, Roots of Teeth, Armpit, Genital Areas
Element	<a href="#">Fire</a>	Aversion to Heat
Time of Day	<a href="#">7PM - 9PM</a>	Early Night
Season	Summer	Brightness of Sun
<a href="#">Emotion</a>	<a href="#">Unresponsive</a>	Depleted, Fear, Phobia, Difficulty Expressing Emotions
Sense Organ	Tongue	Sense of Taste
Color	<a href="#">Red</a>	Ruddy (Rosy) Complexion
Taste	<a href="#">Bitter</a>	Arugula, Black Radish, Collard Greens, Dandelion, Endive, Kale
Sound	<a href="#">Laughter</a>	
Smell (odor)	Scorched	Cooking Smell
AK Muscle	<a href="#">Sartorius</a> , Gluteus Medius, Gluteus Minimus	Gracilis, Gluteus Maximus
CK Acupoint (and related)	Small Intestine 8.6, Lung 10.5, Spleen 3	Stomach 31.75, Heart 1
Functions	Cover and Protect Heart, Physically and Emotionally	Vascular Circulation, Sex Hormone Balance
Dysfunctions	Pericarditis, Angina, Palpitations	Cough, Stomach Issues, Vomiting, Epilepsy, Mania, Mastitis
Chakra	<a href="#">Heart (Anahata)</a> , <a href="#">Chakra Sound "ah"</a>	Green, Love, Joy, Air and Oxygen ( <a href="#">Bach: Overcare</a> ), <a href="#">Musical Note F</a>
Spinal Level	Thoracic 2 (T2)	<a href="#">Lovett Relationship - Thoracic 9 (T9)</a>
<a href="#">Essential Oils</a>	<a href="#">Basil</a> , <a href="#">Black Pepper</a> , <a href="#">Clove</a> , <a href="#">Coriander</a> , <a href="#">Lavender</a> , <a href="#">Melissa</a> , <a href="#">Nutmeg</a> , <a href="#">Oregano</a> , <a href="#">Palma Rosa</a> , <a href="#">Vetiver</a> , <a href="#">Ylang-Ylang</a>	<a href="#">Awaken</a> , <a href="#">Brain Power</a> , <a href="#">Clarity</a> , <a href="#">Motivation</a> , <a href="#">Passion</a>