



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistc Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

Dr. Levy's Recommended Reading Foraging Videos

[10 Wild Edible Greens to Harvest- Foraging Plants](#)

[12 Edible and Medicinal Weeds to Forage in Your Backyard](#)

[13+ Survival Gardening Crops To Grow To Live Off Your Garden Florida](#)

[25 Plants You Can Eat In Nature \(foraging for food\)](#)

[Backyard Foraging with Sergei Boutenko](#) 🍷

[Common Weeds And Wild Edibles Of The World \(full movie about foraging\)](#)

[Cooking with Foraged Food: How This Chef Finds All Her Ingredients In The Wild](#)

[Doctor Explains: Why You Should Grow and Save Weeds](#)

[Don't Eat Something If You Don't Know What It Is](#) 🍷

[Early Spring foraging](#)

[Edible Wild "Weeds"](#)

[Eric's Favorite Greens Channel](#)

[Forager Chef Alan Bergo](#)

[Foraging 10 Common Garden Weeds and Wild Edibles](#)

[Foraging and Feasting in Wales with Matt Powell](#)

[Foraging for a Hearty Winter Soup in January](#)

[Foraging in May \(Part 1 of 3\) - UK Wildcrafts Monthly Foraging Calendar](#)

[Foraging in May \(Part 2 of 3\) - UK Wildcrafts Monthly Foraging Calendar](#)

[Foraging in May \(Part 3 of 3\) - UK Wildcrafts Monthly Foraging Calendar](#)

[Garden Foraging: 12 Tasty Weeds that are More Nutritious than Vegetables](#)

[How to Make Dandelion Root Coffee from Scratch with Sergei Boutenko](#)

[Morel Mushrooms 101: How to Safely Identify and Harvest Morels](#)

[Mushroom Hunting For Chanterelles, Lion's Mane & More](#)

[The Lost Herbs Foraging Calendar](#)

[The Toothache Plant That Every Herbalist Should Grow](#)

[Wild Edibles with Sergei Boutenko \(part 1 of 4\)](#)

[Wild Edibles with Sergei Boutenko | Learn How to Forage for 25 Tasty Plants](#)