



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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Meridian-Organ Correspondence STOMACH

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Stomach / (Yang)	Beardall: Sunrise Yang	Paired Meridian: Spleen (Greater Yin)
Associated Glands	Chief Cells , Parietal Cells , Mucous Glands	Pancreas (chakra)
Associated Body Parts	Lower end of Esophagus, Diaphragm	Lips, Mouth, Throat, Muscles, Fatty Tissue, Phlegm, Saliva, Tooth Number 2, 3, 14, 15, 20, 21, 28, 29
Element	Earth	Need for centering and connecting with earth
Time of Day	7AM - 9AM	Early Morning
Season	Late Summer (Harvest time)	Leaves begin to change from green to yellow
Emotion	Disgust	Despair, Worry, Pensiveness
Sense Organ	Mouth	Sense of Taste
Color	Yellow	
Taste	Sweet	apples, cabbage, chestnuts, cinnamon, parsnips, squash, sweet potatoes
Sound	Singing	Sing-Song Voice
Smell (odor)	Fragrant	
AK Muscle	Pectoralis Major - Clavicular Division	Chest Wall, Shoulder
CK Acupoint (and related)	GB 30	Prostate or Uterus, Heart
Functions	Good Concentration, Holding tank for chewed food and digestive enzymes	Controls Rotting and Ripening (especially protein digestion)
Dysfunctions	Indigestion, Stomach Discomfort	Gastric Ulcers, Vomiting
Chakra	Navel (Manipura) , Solar Plexus Chakra Sound "o" as in top	Yellow, Personal Power, Peace, (Bach uncertainty), Musical Note E , Self Acceptance
Spinal Level	Thoracic 5 (T5)	Lovett Relationship Thoracic 6 (T6)
Essential Oils	Chamomile , Ginger , Peppermint , Fennel	Anise Seed , Lavender , Tarragon , Thyme , Orange