



# NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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## Meridian-Organ Correspondence BLADDER

Organ / Meridian	Primary Correspondence	Secondary Correspondence
<a href="#">Bladder</a> / ( <a href="#">Yang</a> )	Beardall: <a href="#">Greater Yang</a>	Paired Meridian: Kidney ( <a href="#">Lesser Yin</a> )
Associated Glands	Prostate - Men Uterus - Women	Adrenals (Chakra)
Associated Body Parts	Urethra	Bones
Element	<a href="#">Water</a>	Aversion to Cold
Time of Day	<a href="#">3PM - 5PM</a>	Dusk
Season	Winter	Cold, Ice, Frost Shivering, Chilled to the Bone
<a href="#">Emotion</a>	<a href="#">Irritable</a>	Lost, Abandoned, Insecure
Sense Organ	Ears	Sense of Hearing
Color	<a href="#">Blue (or black)</a>	Blue/Black Color Under Eyes
Taste	<a href="#">Salty</a>	Salt, Tamari, Miso, Pickled Vegetables, Seaweed, Cranberry
Sound	Groaning	Moaning, Humming, Yawning, Snoring
Smell (odor)	Putrid	Opposite of Sweet
AK Muscle	<a href="#">Fibularis (Peroneus) Longus</a>	Sacro spinalis
CK Acupoint (and related)	Bladder 67	Lateral Side of Foot
Functions	Collect and Eliminate Urine	Assist Kidney in Fluid Balance
Dysfunctions	Kidney Imbalance	Weak Bladder, Stress Incontinence, Urinary Frequency, Dysfunction of Fluid Balance
Chakra	<a href="#">Spleen (Svadhishthana), Chakra Sound "o" as in home</a>	Orange, Authority, Sensuality, ( <a href="#">Bach: Loneliness</a> ), <a href="#">Musical Note D</a> , Pleasure
Spinal Level	Lumbar 3 (L3)	<a href="#">Lovett Relationship - Cervical 3 (C3)</a>
<a href="#">Essential Oils</a>	<a href="#">Helichrysum, Frankincense, Geranium, Lavender, Roman Chamomile, Spearmint, Thyme</a>	<a href="#">Hope, Peace and Calming, Present Time, Relieve It, Stress Away, Valor</a>