



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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Meridian-Organ Correspondence SMALL INTESTINE

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Small Intestine / (Yang)	Beardall: Greater Yang	Paired Meridian: Heart (Lesser Yin)
Associated Glands	Lieberkühn Glands, Brunner's Glands	Thymus (Chakra), Pancreas (Chakra)
Associated Body Parts	Abdomen	Thigh, Hip, Knee, Opening to Ear Canal
Element	Fire	Aversion to Heat
Time of Day	1PM - 3PM	Early Afternoon
Season	Summer	Brightness of Sun
Emotion	Vulnerable	Lost, Abandoned, Insecure
Sense Organ	Tongue, Sense of Taste	Speech, Words
Color	Red	
Taste	Bitter	Arugula, Black Radish, Collard Greens, Dandelion, Endive, Kale, Sauerkraut
Sound	Laughter	Excessive Speech, Stuttering
Smell (odor)	Scorched	Cooking
AK Muscle	Quadriceps	Thigh, Hip, Knee
CK Acupoint (and related)	Spleen, Triple Warmer 4, 13.5	Large Intestine 7.5, 11 Lung 5, 9.5, Kidney 4, 20
Functions	Digestion, Nutrient Absorption	Emotional Processing and Sorting
Dysfunctions	Indigestion, Gas, Bloating, Diarrhea	Serotonin Imbalance, Mood Instability, Depression
Chakra	Navel (Manipura) , Chakra Sound "o" as in top	Yellow, Personal Power, Peace, (Bach uncertainty), Musical Note E , Self Acceptance
Spinal Level	Thoracic 10 (T10)	Lovett Relationship - Thoracic 1 (T1)
Essential Oils	Basil , Cumin , Fennel , Ginger , Lemongrass , Oregano , Peppermint , Spearmint	Awaken , Magnify Your Purpose , Motivation , Sara , Sacred Mountain , Valor