



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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Meridian-Organ Correspondence HEART

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Heart / (Yin)	Beardall: Lesser Yin	Paired Meridian: Small Intestine (Greater Yang)
Associated Glands	Endocrine Function of Heart Itself, Pituitary Gland	Chakra - Thymus
Associated Body Parts	Blood Vessels, Rib Cage, Lymphatics	Tooth Number 1, 16, 17, 32 , Middle and Upper Back
Element	Fire	Aversion to Heat
Time of Day	11AM - 1PM	Mid-Day
Season	Summer	Brightness of Sun
Emotion	Joy, Excessive Joy, Lack of Joy, Happiness	Extravert, Compassionate, Understanding, Enthusiastic, Excitable
Sense Organ	Tongue, Sense of Taste	Speech, Words
Color	Red	Ruddy (Rosy) Complexion
Taste	Bitter	Arugula, Black Radish, Collard Greens, Dandelion, Endive, Kale
Sound	Laughter	Excessive Speech, Stuttering
Smell (odor)	Scorched	Cooking
AK Muscle	Subscapularis	Shoulder
CK Acupoint (and related)	Pericardium 3.5	Triple Warmer 3.4, 4.5 Liver 9.5
Functions	Pumps Blood, Regulates Circulation, Regulates Heartbeat	Regulates Sleep, Short-term Memory, Regulates Emotions
Dysfunctions	Heart Attacks, Circulatory Problems, Strokes, Irregular Heartbeat	Insomnia, Dizziness, Anxiety, Excessive Dreaming
Chakra	Heart (Anahata), Chakra Sound "ah"	Green, Love, Joy, Air and Oxygen (Bach: Overcare), Musical Note F
Spinal Level	Coronary System - Thoracic 1 (T1) Myocardium - Thoracic 2 (T2)	Lovett Relationship - Thoracic 10 (T10) Lovett Relationship - Thoracic 9 (T9)
Essential Oils	Cyprus, Frankincense, Goldenrod, Helichrysum, Jasmine, Lemongrass, Marjoram, Rose	Gratitude, Harmony, Hope, Joy, Peace and Calming, Valor