



# NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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## Meridian-Organ Correspondence SPLEEN

Organ / Meridian	Primary Correspondence	Secondary Correspondence
<a href="#">Spleen</a> / ( <a href="#">Yin</a> )	Beardall: <a href="#">Greater Yin</a>	Paired Meridian: Stomach ( <a href="#">Lesser Yang</a> )
Associated Glands	Pancreas	Pancreas (chakra)
Associated Body Parts	Lymphatic Vessels	Lips, Mouth, Throat, Muscles, Fatty Tissue, Phlegm, Saliva, <a href="#">Tooth Number 2, 3, 14, 15, 20, 21, 28, 29</a>
Element	<a href="#">Earth</a>	Need for centering and connecting with earth
Time of Day	<a href="#">9AM - 11AM</a>	Late Morning
Season	Late Summer (Harvest time)	Leaves begin to change from green to yellow
<a href="#">Emotion</a>	<a href="#">Low Self Esteem</a>	Rejection, Worry, Pensiveness
Sense Organ	Mouth	Sense of Taste
Color	<a href="#">Yellow</a>	
Taste	<a href="#">Sweet</a>	Apples, Beans, Carrots, Cinnamon, Rice, Sweet Potatoes
Sound	Singing	Sing-Song Voice
Smell (odor)	Fragrant	
AK Muscle	Trapezius Middle Division	Trapezius Lower Division
CK Acupoint (and related)	GV 22 Posterior Pituitary, Cranial Bones, Ear	TW 9.75 Bladder, Kidney
Functions	Clear Thinking, Immune System Gland, Antibody Production	Stores and Transports Body Energy, Distributes Nourishment
Dysfunctions	Immune Weakness, Bleeding Disorders	Prolapsing of Other Organs, Craving Sweets
Chakra	<a href="#">Navel (Manipura), Solar Plexus Chakra Sound "o" as in top</a>	Yellow, Personal Power, Peace, ( <a href="#">Bach uncertainty</a> ), <a href="#">Musical Note E</a> , Self Acceptance
Spinal Level	Spleen, Thoracic 7 (T7) Pancreas - Thoracic 6 (T6)	<a href="#">Lovett Relationship - Thoracic 4 (T4)</a> Pancreas - Thoracic 5 (T5)
<a href="#">Essential Oils</a>	<a href="#">Lemon, Grapefruit, Geranium, Fennel</a>	<a href="#">Basil, Coriander, Frankincense, Fenugreek</a>